



Extended Blood Thinner Therapy After Surgery

Your doctor may prescribe Enoxaparin (a blood thinner injection) to use at home for 10 days after leaving the hospital. This medication helps prevent dangerous blood clots while you recover from surgery.

WHO NEEDS EXTENDED ENOXAPARIN?

Extended blood thinner therapy is recommended for patients with certain risk factors that increase the chance of developing blood clots after surgery.

- **High Risk Category:** Body Mass Index (BMI) greater than 60
- **Previous Blood Clots:** History of venous thromboembolism (VTE)

Important: If you have EITHER of the above conditions, you qualify for extended therapy. Continue reading to learn about additional risk factors.

ADDITIONAL RISK FACTORS

You may also need extended therapy if you have **2 or more** of the following risk factors:

1 Age Over 50

Older adults have increased clotting risk

2 BMI Greater Than 50

Higher body weight affects circulation

3 Male Gender

Men have slightly higher clot risk

4 Sleep Apnea

Breathing pauses during sleep increase risk

5 Varicose Veins

Enlarged, twisted veins affect blood flow

6 Venous Insufficiency

Poor blood return from legs to heart

7 Recent Hormone Use

Birth control pills or hormone replacement within 30 days of surgery

WHY THIS MATTERS

Blood clots can form in your legs or lungs after surgery, causing serious complications. Extended Enoxaparin therapy significantly reduces this risk during your recovery period when you're less mobile.

Taking this medication as prescribed for the full 10 days gives you the best protection during the critical post-surgery healing phase.

HOW TO INJECT LOVENOX VIDEO: youtube.com/watch?v=FBrCBlvmYYY

QUESTIONS?

Contact your surgical team at (831) 768-6266 if you have concerns about whether you need extended therapy or how to use your medication safely at home.